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Parc Eglos School Newsletter

Friday, 12th January 2018



'Learning today for the world of tomorrow'

Week 1: Health and Wellbeing Update - Promoting Physical Activity and Wellbeing of Our Children

Studies show that children who are physically active are happier and more confident - they also achieve better academically!

As many parents may be aware from the news, guidance from the Chief Medical Officer is that all children and young people aged 5 to 18 should engage in at least 60 minutes of physical activity per day (of which 30 minutes of this should be in school). Whilst we are sure that many of our children do engage in 30 minutes or more at school each day, we are currently looking for more opportunities to ensure that ALL of our children engage in more physical activity.

This term we are going to be introducing the 'Daily Dash', as well as children-led daily warm up/activity blasts. We are also looking at holding alternative PE days so that children can take part in a wider range of sport.

For the Daily Dash, we would request that parents ensure that children have trainers/plimsolls in school with them each day.

As part of the promotion of physical activity, we will be providing regular information/updates for parents, sharing ideas as to how parents can help their children to be more active.

Ideas and guidelines relating to how to get our children more active can be found at - https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/541231/CYP_infographic.pdf

In respect of children under 5, please see this useful link - https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/541228/Children_0-5_infographic.pdf

We would also welcome any feedback from parents relating to promoting physical activity of our children. If any parents have coaching/sport specialist training and would like to get involved, please do contact us. There may be parents out there that could help with sport-based days or clubs. Please get in touch!

Cross Country

Well done to Charlie S, Sam P, Michael L, Josh H, Charlotte O-J, Blake G-D, Harvey S, Chester W, Beth P, Georgia R, Erin S, Poppy G and Hazel L in KS2 who have qualified for the Pool Cross Country Finals. Congratulations!

Year 5 Transition

Year 5 have their first transition session at Helston Community College on **Wednesday 17th January 2018** from 3.30pm - 4.30pm. If you have not yet registered your child to attend these sessions, please contact our school office as soon as possible. Thank you.

School Admissions

If you have a child who was born between 1 September 2013 and 31 August 2014 you will need to apply for a school place for September 2018. **The deadline for applications is 15 January 2018.** Applications can be submitted on the Cornwall Council website.

Staffing Update

We would like to wish Mrs Sarah Goldsworthy the best of luck as she starts her maternity leave on Monday. We look forward to hearing the happy news! Mrs Hannah Tonkin will be increasing her time in the Wise Owls class to 3 days per week and Mrs Helen Hayden will job share for the other 2 days. Due to this change for Mrs Tonkin, Miss Laura Steele will be covering Thursdays in the Seahorses class. We would also like to congratulate Mrs Peta Lawlor on the birth of her second little boy, Ollie, over the Christmas break.

Friends of Parc Eglos

This week's recycling winners were classes 2HE and 3DF. Well done! Please see below class **weekly totals** and cumulative totals.

Class	Totals	Class	Totals
Nursery	£1.89/£11.03	3DF	£20.06/£24.30
Sunbeams	£6.81/£19.41	3SG/HT	£2.22/£9.23
Stars	£5.11/£10.13	4SC	£7.36/£15.89
1NE	£11.30/£26.47	4HH/LS	£2.33/10.77
1BM/HT	£11.51/£14.66	5RG	£5.79/£13.00
2HE	£18.50/£42.45	5SR	£3.66/£5.79
2KD	£16.28/£31.50	6KH	£5.91/£10.28
		6KC/LV	£1.11/£4.84

Total for the week was **£134.54**, made up as follows:

- Pens/Glue-sticks - £6.61
- Biscuit/Chocolate/Sweet Wrappers - £52.76
- Tassimo Pods & Bags - £25.61
- Air-fresheners/Trigger-heads/Wet-wipe packaging/Plastic lids - £21.01
- Inkjet & Toner Cartridges - £3.93
- Food & Drink Pouches - £9.51
- Personal Care & Beauty - 41p
- Phones & Tablets - £14.70

Weekly Attendance for W/C 08.01.18

Class	Attendance %	No. of Lates
Sunbeams	86.7%	0
Stars	85.7%	2
1NE	100%	2
1BM/HT	100%	0
2HE	85.7%	0
2KD	96.7%	1
3DF	87.1%	0
3SG/HT	90.0%	0
4SC	93.3%	0
4HH/LS	93.1%	0
5RG	96.7%	0
5SR	92.6%	4
6KH	98.2%	0
6KC/LV	86.5%	3

The expected percentage attendance for a child is 96%.
Let's see if each class can aim for this or above!



Celebration of Work

I am so proud with how everybody excelled in Monday morning's maths. I asked all children to consider this :



I asked them to deduce how many cubes (N) would be in the 100th case—and many of them found the correct answer! Lucy and Olivia went onto deduce the formula needed to calculate the number of cubes (N) for any case number (C)

$$(C+1)^2 = N$$

They also worked out the inverse to calculate the exact case number from the number of cubes (N):

$$(\sqrt{N}) - 1 = C$$

Next week, our school menu will be on **Blue** week

Dates for your Diary

Date	Event
17th January 2018	Year 5 Transition Session at Helston Community College 3.30pm - 4.30pm
31st January 2018	Year 6 Transition Session at Helston Community College 3.30pm - 4.30pm
6th February 2018	Y5 London Assembly for Parents 9.00am - 10.00am
W/C 12th February 2018	Half Term - School Closed
21st February 2018	Cross Country - Qualifiers Pool School Finals
27th Feb-1st March 2018	Year 5 Residential Trip to London
6th-9th March 2018	Year 6 Residential Trip to PGL Liddington
30th March 2018	Beginning of Easter Holidays
16th April 2018	Return to School
7th May 2018	Bank Holiday Monday - School Closed

